



IT TAKES BALLS TO BE A WOMAN

Music : Sometimes it takes balls to be a woman par Elizabeth Cook (USA) (dispo sur Itunes)

Choreographer : Chrystel DURAND (juin 2015)

Tutorial : <https://www.youtube.com/watch?v=XAxh-C326QU&feature=share>

Description : Line Dance, ECS, 4 walls, 88 counts, 3 restarts

Level : intermediate

Intro : 1x8

1-8 TRIPLE RIGHT SIDE, ROCK BACK, TRIPLE LEFT SIDE, ROCK BACK

- 1&2 Triple step R-L-R to the right
- 3-4 Rock step left back - recover on right
- 5&6 Triple step L-R-L to the left
- 7-8 Rock step right back - recover on left

9-16 KICK BALL CHANGE x 2, KICK R & L FORWARD, ¼ TURN RIGHT AND KICK R & L FORWARD

- 1&2 Right kick fwd – right ball next to left - recover on left
- 3&4 Right kick fwd – right ball next to left - recover on left
- 5&6 Right kick fwd – recover on right – left kick fwd
- &7&8 ¼ turn right and recover on left - right kick fwd – recover on right – left kick fwd 3.00

17-24 TRIPLE LEFT SIDE, ROCK BACK, TRIPLE RIGHT SIDE, ROCK BACK

- 1&2 Triple step L-R-L on left
- 3-4 Rock step right back - recover on left
- 5-6 Triple step R-L-R on right
- 7&8 Rock left back - recover on right

25-32 HEELS SWITCHES, ¼ TURN LEFT AND TOE SWITCHES, HEEL SWITCHES, ¼ TURN RIGHT AND TOE SWITCHES

- 1&2& Left heel fwd – left next to right - right heel fwd – right next to left
- 3&4& ¼ turn left and left toe behind – left next to right – right toe behind – right next to left
- 5&6& left heel fwd – left next to right – right heel fwd – right next to left
- 7&8 ¼ turn left and left toe behind – left next to right – right toe behind 9.00

33-40 TRIPLE FORWARD, KICK, TOUCH, KICK BALL STEP, STEP ½ TURN

- 1&2 Triple step R-L-R fwd
- 3-4 Left kick fwd – left touch next to right
- 5&6 Left kick fwd – left ball next to right – right step fwd
- 7-8 Left step fwd – ½ turn to the right (weight on right) 3.00

41-48 TRIPLE FORWARD, KICK, TOUCH, KICK BALL STEP, STEP ¼ TURN

- 1&2 Triple step L-R-L fwd
- 3-4 Right kick fwd – right touch next to left
- 5&6 Right kick fwd – right ball next to right – left step fwd
- 7-8 Right step fwd – ¼ turn to the left (weight on left) 12.00

49-56 CROSS TRIPLE, PIVOT ¼, PIVOT ¼, CROSS TRIPLE, ROCK ¼ TURN LEFT

- 1&2 Cross right over left - left on left side - cross right over left
- 3-4 ¼ turn right stepping left back – ¼ turn right stepping right on right side
- 5&6 Cross left over right - right on right side - cross left over right
- 7-8 Right rock on right side – ¼ turn left recovering on left

3.00

Restart here on walls 1, 3 and 5

57-64 KICK FORWARD, KICK RIGHT SIDE, COASTER STEP, KICK FORWARD, KICK LEFT SIDE, COASTER STEP

- 1-2 Right kick fwd - right kick on right side
- 3&4 Right step back - left next to right - right step fwd
- 5-6 Left kick fwd - left kick on left side
- 7&8 Left step back - right next to left - left step fwd

65-72 STEP LOCK STEP, STEP LOCK STEP, OUT OUT

- 1-2-3 Right step fwd – lock left behind right - right step fwd
- 4-5-6 Left step fwd - lock right behind left - left step fwd
- 7-8 Right step diagonally right fwd (*place right hand on right hip*) Left step diagonally left fwd (*place left hand on left hip*)

73-80 BUMPS

- 1-2 left hip bump twice
- 3-4 right hip bump twice
- 5-6 left hip bump - right hip bump
- 7-8 left hip bump - right hip bump

Drow hands away

81-88 IN IN, HOLD, OUT OUT, HOLD, CROSS, HOLD, FULL TWIST TURN

- &1-2 Left step slightly back in – right next to left - hold
- &3-4 Left step slightly back out - right step slightly back out - hold
- &5-6 Left step in – Cross right over left - hold
- 7-8 unwind a full turn (ending left cross over right with weight on left)

Restart :

Dance to the counts 56 (rock step - 1/4 turn left recovering on left) and restart the dance from the beginning
On wall 1 (at 3.00)
On wall 3 (at 9.00)
On wall 5 (at 3.00)