



**Chrystel DURAND**  
**BARAIL RANCH**

# IRISH TO THE CORE

**Music :** Irish to the Core by Sean Wilson & Tony Mac  
**Choreographer :** Chrystel DURAND - France (may 2018)  
**Description :** line dance, 2 walls, 1 tag  
 Sequence A: 32 counts - B: 16 counts,  
**Level :** Improver  
**Intro :** 16 + 3 counts

A-A-A-B-TAG-A-A-A-A (only the first 4 counts) B (easy !)

## **PART A**

### **1-8 SIDE ROCK CROSS RIGHT & LEFT, STEP LOCK STEP, STEP FORWARD, 1/4 TURN RIGHT, CROSS**

1&2 Step right on right side, recover on left, cross right over left  
 3&4 Step left on left side, recover on right, cross left over right  
 5&6 Step right forward, lock left behind right, step right forward  
 7&8 Step left forward, 1/4 turn right (weight on right), cross left over right 3.00

### **9-16 KICK, TOUCH, KICK, TOUCH, KICK BALL CHANGE, JAZZ BOX 1/4 TURN RIGHT**

1&2& Kick right forward, touch right next to left, kick right forward, touch right next to left  
 3&4 Kick right forward, ball right next to left, right in place  
 5-8 Cross right over left, step left back, 1/4 turn right and step right on right, left step fwd 6.00

### **17-24 STEP LOCK STEP FORWARD RIGHT & LEFT, (HEEL DIAGONALLY FWD, STEP BACK) X 4**

1&2 Step right forward, lock left behind right, step right forward  
 3&4 Step left forward, lock right behind left, step left forward  
 5& Touch right heel diagonally right forward, step right backward  
 6& Touch left heel diagonally left forward, step left backward  
 7& Touch right heel diagonally right forward, step right backward  
 8& Touch left heel diagonally left forward, step left backward

### **25-32 TRIPLE FORWARD, STEP FWD, 1/2 TURN, STEP FWD, TRIPLE FORWARD, STEP FWD, 1/2 TURN, STEP FWD**

1&2 Chassé forward (RLR)  
 3&4 Left step forward, 1/2 turn right (weight on right), step left forward  
 5&6 Chassé forward (RLR)  
 7&8 Left step forward, 1/2 turn right (weight on right), step left forward

## **PART B**

### **1-8 WEAVE, CROSS ROCK SIDE, EXTENDED CROSS SHUFFLE**

1&2& Cross right over left, step left on left side, cross right behind left, step left on left side  
 3&4 Cross right over left, recover on left, step right on right side  
 5&6& Cross left over right, step right on right side, Cross left over right, step right on right side  
 7&8 Cross left over right, step right on right side, Cross left over right

### **9-16 REPEAT 1-8**

**TAG (3 counts) :** at the end of part B, (left is crossed over right) make 3 bounces and restart the dance

&1&2&3 lift and lower both heels 3 x

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